#### DIVE IN SOIF TOTALE

60 minute longform piece for 16 circus artists

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## Statement of Intent

Make a sound. Complete and individual, simple. Add another and then another. Repeat. In the case of doubt vibrate an instrument, a membrane, the floor, your voice, your body. Dance. Jump.

Before you know it you will have ceased to be this individual full of insecurities and you will have become the god of your music, your creation, and at the same time a part of it.

Creation knows no borders. For physicians, the most modern advocates of the string theory, as for the Hindus, the oldest followers of Shiva Nataraja, all begins with a simple vibration to which is added another and then another until reality is created.

Us, we vibrate. Each our own rhythm, each our own needs. Someone vibrates the way one must on a winter night in Germany to avoid freezing to death. Someone else vibrates the way one must inside a wave in Peru to avoid being swallowed by the ocean. Someone else vibrates still, the way one must in Mexico to avoid being shot at ... We vibrate together as we would if we were about to begin a rugby match in New Zealand.

We vibrate in French, in Spanish, in German, in English, in Portuguese, and after having vibrated so much, we create a new reality which does not respect the laws of space-time. One which makes us feel at home and far from home; alone and surrounded; complete and yet thirsty for more.

We are creating our own reality-song, so eclectic that we're reminded of Balkan music, but instead of 13 countries with a common past, we come from 13 countries and have a common future. A future that is apprehended only as we find ourselves drinking water to quench the thirst which now pervades us.

This thirst is not so much the end of something, but rather a beginning.

Are you coming to drink?

# Bodies Breathing as One

A mass of 18 people who, by decision, have come together. They live and breathe in the present moment, emanating that which is most pure in their bodies. To be collective is to be in motion, it is to be in turmoil. It is to vibrate through a multitude of colours in which each and every individual finds their own internal rhythm, as do the cells of the human organism.

Our bodies are electrified by the will and the passion to be together. The audience is invited into our territory of pleasure, seeing itself led in an energetic crescendo which, as the show develops, causes even the seats to reverberate. A show of multiple facets; the poetic and dreamlike accompanied by a powerful dose of energy. A place where circus is intertwined with enthralling live music.

The piece you are going to discover is a performance, a mixture of processes from the darkest to the most brilliant of that which flows from the spirit of collective work. You will be guided through dark corridors and twisted corners where roles are freed from all archetypes. It is a physical manifestation, in the same way as the steam from boiling water must find its escape by any means possible. Accompanied by techno melodies of the 2010s, isn't this the best way to let go? It is at this fleeting instant that you will perceive the power which emanates from a group - the collective. Micha Goldberg (director)





#### Subject

What is a collective body? This is the question which governs our creation and revolves around each of its scenes. The show is established by a prologue which presents the face of the collective authentically, without filter. A funky ambiance opens the show, a warm welcome to our audience.

The collective mass assumes its full meaning from the very first scene, where the ensemble of bodies gather to form a single entity which devours everything in its path. A chimeric creature composed of 18 bodies. A monster made up of flesh and many tangled extremities, always careful not to lose any member of its composition.

Nevertheless, and inevitably, there are individualities which arise from this agglomeration. Some feel oppressed, expressing a need, a desire, for space and fresh air. And so, the great body waits. It listens to and observes those who leave - the changers of the rhythm - treating them with humility and compassion.

From this recognition and consideration of each member of the group is born humanity. A simple humanity.

# Music

Our music was composed primarily Pierredon by Lucas and is performed live by Lucas, Nacho and Mia. The musical universe oscillates between funk, pop, and electro, accompanied by acoustic and electric guitars, ukuleles, wooden flutes, synthesizers, and percussion made by electronic pads. This is enhanced by the voices of our three musicians along with moments of collective chorus. The soundscape of the show enters in perfect cohesion with the bodies in motion as we embark on this dreamlike journey.

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# Lights

The lighting design created by Valentin Boucq juxtaposes itself with the soundscape and the bodies onstage. In a scene more sombre than others, the room passes from natural lighting to a sunken bluish abyss. *Let's dive in,* we plunge, embarking on a colourful journey passing from ocean blue to purple, from yellow to monstrous green. The lighting follows a musical crescendo, flinging us into the middle of a techno rave party full of flamboyant strobe lights. As heat emanates from a volcano, the energy of the group surges and erupts, only to be disappear behind golden-hued fumes of smoke.



#### Apparatus + Technical Approach



Many apparatus and circus techniques – both existent and invented - are present in this show. These include teeterboard, L-rope (an apparatus created by Laleshka Salas - see technical rider), Chinese pole, whip, ball juggling, vape smoking, and numerous aerial apparatus such as trapeze, rope and straps.

The layout of the apparatus was designed to give emphasis to certain aspects of the stage. In playing with horizontality and verticality, the space is redefined to exploit both ground based and aerial dimensions. The Chinese pole placed downstage right is in perfect cohesion with the aerial structure positioned upstage left. The stage space is opened and defined through this arrangement.

The aerial knot is a specific feature of this show, consisting of a series straps and ropes suspended and attached in close proximity to one another. Aerials bodies hang weightless in the air, restless movement and agitation weaving humans and apparatus together to form a giant spider's web.

#### Micha Goldberg (Director)



Goldberg (1983) Micha is а Norwegian performer and director. Graduated at Scuola Teatro Dimitri in Switzerland and RITCS in Brussels, with a Master in Theatre. has worked with various He choreographers such as Ivo Dimchev, Marion Allon, Lea Moro, Caroline Cruetzberg, Gijsesl & Goethijn and Caroline Pecheny. He has presented works in venues such as Kunsthalle Zurich. Volksroom, Komplot, Villa Empain, Batardfestival.

*In reality less frightening than in this picture...* 

With his very particular style, Micha focuses his work between performance and physical theatre. He brings a world of madness and a cautious realism that proved essential to this creation. His experience of performance questioned the limits of the company members. On this basis he created an unknown and challenging working environment.

His simple question "What is essential in collectivity" set the tone for the creation of DIVE IN.

#### Meet the Artists



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## Calendar

Creation January - June 2021 Creation at ESAC - Brussels

29th Nov – 12th Dec 2021 20th – 28th Mar 2022 26th Sep - 13th Oct 2022 Latitude 50 – Marchin, BE

05 Dec - 11 Dec 2022 UP - Circus & Performing Arts, Bruxelles

Performance Dates 18th, 19th, 20th Jun 2021 Halles de Schaerbeek - Brussels, BE

14th ,15th,16th Oct 2022 For the inauguration of the first theatre dedicated to circus in Belgium, at **Latitude 50 - Marchin, BE** 

14th, 15th, 20th, 21st Dec 2022 **Théâtre National Wallonie-Bruxelles, BE** 



#### **Coproductions & Support**

École Supérieure des Arts du Cirque Latitude 50 UP - Circus & Performing Arts Centre des Arts scénique Fédération Wallonie-Bruxelles Wallonie - Bruxelles International Wallonie - Bruxelles Théâtre Danse



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