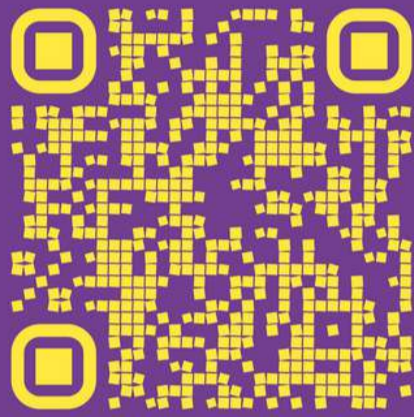


# THE LULUS

Life is more beautiful without glasses?



Too lazy to read everything? Here you can find the trailer of the show.

[Click here!](#)



## Project presentation

35 minutes

Outdoor circus show

For all audiences



# ABOUT THE SHOW

Welcome to a parallel world where society is ruled by an oppressive regime that keeps the people under total control.

**Glasses** filter, distort, and dictate everybody's perception. The people have never known any other way of life. Then one day by pure accident the world bursts into light and color — the start of a **revolution**. One young woman discovers **life without glasses**... and from that moment on, she will never submit to the regime again.

She turns into a symbol for **freedom**. Through courage and her contagious energy she reveals a new world to her two companions, who begin to rise up **against the system** themselves.

Together this trio sweeps you off your feet into an experience filled with **laughter, acrobatics, joy** — and a revolution that is both absurd and strikingly powerful.

An immersive performance that draws the spectators — children as well as adults — into the heart of this gentle yet unstoppable uprising.

## **Will you come see us?**

Perhaps, by the end, you'll find yourself wondering: Is life more beautiful without glasses?



# WHAT WILL YOU SEE?

*...playful, acrobatic, absurd and bursting with energy*

## Partner acrobatics

At the heart of the show lies the art of partner acrobatics — a discipline that embodies trust, balance and the pure joy of working together. Universal in its language, it speaks to everyone, everywhere. Light and fluid, endlessly adaptable, and visible from afar, it is perfect for the streets: a living, breathing art form that can bloom anywhere at any moment without any need of infrastructure.

## THEATRICAL

This performance blends circus and theatre where the story told **without words** becomes the heart of the piece. A show perfect for children — who are always first to dive into our universe — but also adults can recognize themselves within this caricature of society.

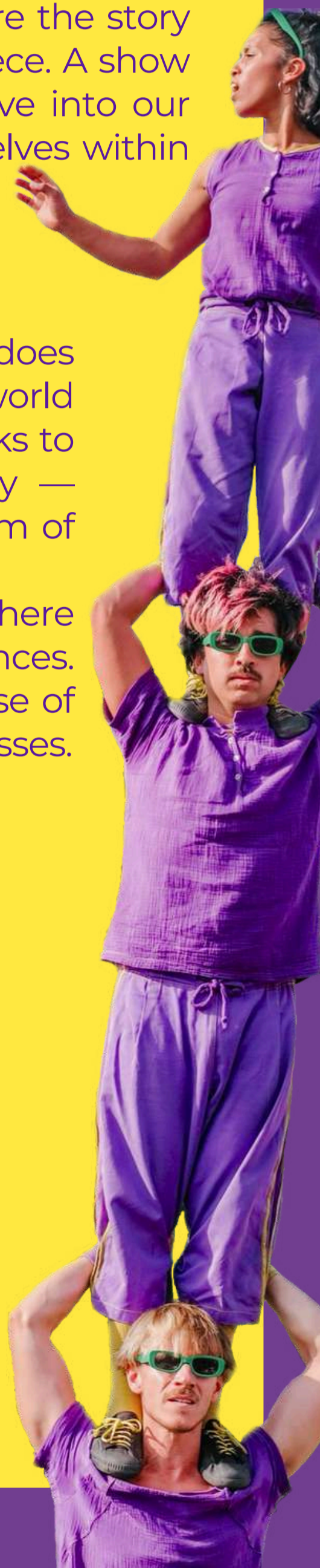
## POLITICAL

How hard is it to break free from a system that does everything it can to keep us under its gaze? In a world ruled by power and control this performance seeks to question and confront every form of inequality — every situation where power restrains the freedom of others.

We create a scene set in a parallel universe where each spectator is free to project their own experiences. By the end of the show, we hope to evoke a sense of change in those who are ready to take off their glasses.

## 360°

The audience is placed 360° around a 8m x 8m stage. Therefore the show unfolds in complete proximity. This setup creates a truly authentic street performance experience — intimate, direct and alive.



The Lulus are three artists and friends who met in 2018 at the École Supérieure des Arts du Cirque de Bruxelles. Co-founders of the company Soif Totale, creators of two previous shows. This is their third creation together but the first time performing as a trio.

Julian Blum comes from Germany, Sofia Enriquez from Argentina, and Ruben Fontalva from Chile.

We also collaborate with Camille Aupy ~ Ab Joy Circus & Street Arts for production and booking, as well as Soif Totale ASBL for administration.

Since the summer of 2025, Shu-Huan Chang has been an integral part of the artistic team.

# THE TEAM



## TOUR 2025

*The show premiered in April 2025 and has been performed 28 times across Belgium, France, and Germany.*

- Ecole Victor Horta
- Latitude 50 - festival de Huy : présentation de projet
- Latitude 50 - festival de Huy : présentation de projet
- HOPLA!
- Bruxelles - Belgique
- HOPLA!
- Bruxelles - Belgique
- Éden Charleroi - Belgique
- Éden Charleroi - Belgique
- Sortilèges, Rue & Vous Ath - Belgique
- Sortilèges, Rue & Vous Ath - Belgique
- Issoudun, France
- Issoudun, France
- MC Bxl Nord
- CC Eden
- CC Schaerbeek
- Festival au carré Mons - Belgique
- Festival au carré Mons - Belgique
- Festival au carré Mons - Belgique
- DELTA Namur
- Berges poétiques, Ixelles
- Berges poétiques, Ixelles
- Waulsort
- Waulsort
- Août en Éclats, Soignies Belgique
- Centre culturel de Nivelles
- Paderborn - Performance - Allemagne
- Paderborn - Performance - Allemagne
- CC Genappe Parcours d'artistes de Baisy-Thy
- Weimer - Allemagne

## CONTACT



**Booking & Tour Manager :**  
**camille@abjoy.be**  
**+32 474 92 04 05**



**Company contact**  
**+32 466 20 64 87**  
**les.lulus.contact@gmail.com**  
**Ruben**



**@\_les\_lulus\_**



**www.abjoy.be**  
**www.soiftotale.com**

# CREDITS & SUPPORT

**Creation :** Les Lulus | with : Sofia Enriquez, Ruben Fontalva, Julian Blum | Artistic team & performer: Shu-Huan Chang | Outside eye: Aurelia Brailowsky, Gonzalo Alarcón, Jonas Schiffauer | Research help : Luca Torrenzieri | Production & Booking : Camille Aupy – Ab Joy - Circus & Street Arts | Administration : Soif Totale asbl | Costumes : Carolina - Tresde Galaz

**Partners & support :** ASBL Soif Totale, CAR - Centre des Arts de la Rue d'Ath, Latitude 50, Up - Circus & Performing Arts, La Roseraie, Archipel 19, Jacques Franck, Wolubilis, Ab Joy - Circus & Street Arts, Centre des Arts Scéniques, Cirqu'confex, Wallonie-Bruxelles Théâtre Danse, l'ESAC, CCCC Cologne, Wallonie-Bruxelles Internationale

Copyright photos : Matthieu Labey, Svan Wilde, Aurélie Clarembeaux, Christophe Vandercam



# THE LULUS

Life is more beautiful without glasses?

## Technical Rider

This technical rider is intended to clarify our technical requirements; however, it remains open to discussion and can be adapted according to each venue's needs and possibilities.

**So please don't hesitate to contact us!**



## CONTACT

### Company :

Sofia : +32 456 15 10 10  
Ruben : +32 466 20 64 87  
Julian : +49 176 83585075

### Production / Booking :

Camille Aupy  
camille@abjoy.be  
+32 474 92 04 05

### Administration :

les.lulus.contact@gmail.com

## GENERAL

- Circus show for the street
- 35 minutes
- All audiences
- No spoken words
- 3 artistes on stage
- Minimum : 8m x 8m (height : 6m)
- Flat & clean floor
- Stage configuration : 360°
- How many people: ≤ 300

## CONDITIONS & TIMELINE

**Weather:** Our performance cannot take place in the rain and must be interrupted if it begins to rain during the show.

### SOUND SYSTEM

#### Ideal conditions:

Four speakers placed around the performance area, a mini-jack entry and one microphone for a short speech at the end.

#### Minimum conditions:

two speakers & mini-jack entry

### BUILD-UP & DOWN

#### Preparation

Arrival at least 3 hours before the performance.

#### Build-Up

No stage build-up; Sound check minimum 30 minutes before the show.

#### Build-Down

Directly after the show

Minimum time between two performances: 2 hours - Maximum 2 performances per day

## HOSTING CONDITIONS

### Food:

From the company's arrival to departure please provide hot and balanced meals — two vegetarian and one vegan. Kindly ensure that a protein alternative is included (e.g. soy, lentils or vegetarian meat substitutes).

### Dressing rooms:

Close to the performance area.

### Snacks:

Tea, coffee, dried fruits, seeds, fresh fruit and a water station.

### Transport:

Preferably by train. If not possible travel by car or plane is acceptable. Please arrange transportation from the arrival point to the performance location.

### Accommodation:

For performances outside Belgium, accommodation should be provided close to the performance venue.

### Additionally:

In case of bookings for multiple days please provide a washing machine and facilities to dry the costumes.



# TECHNICAL RIDER

## BUILD-UP

## THE LULUS

Life is more beautiful without glasses?

The performance is presented in a 360° format. Ideally, the venue provides elevated seating on all four sides to ensure good visibility for the entire audience. The four speakers should be positioned in the corners behind the audience.

For the comfort of attendees we request that the venue provide benches, chairs or general seating adjusted according to the expected audience size.

It is essential that the floor is as clean as possible. The surface should ideally be dry and made of concrete or wood. While it is possible to perform on grass it is not ideal.

If there are any irregularities or slopes in the performance area please contact us as soon as possible and provide a photograph of the space.



Area for elevated seating/ chairs/ benches



Area to sit on the floor



Speakers

Looking forward to perform at your venue 😊